

THE EASTERN DIVISION PENNSYLVANIA DISTRICT 2010 SWIMMING CHAMPIONSHIPS

Warmup Schedule (Note – number of swimmers in parenthesis)

Cadets Session – Saturday Morning

Session 1	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane6
7:30-7:50	UMLY (14)	UMLY (10) PAY (2)	PAY (14)	LCY (14)	LYM (14)	BCY (14)
7:50-8:10	HATY (5) ROCK (5)	AMB (7) HAY (3)	RY (12)	RY (5) RAYS (8)	RAYS (13)	JY (14)
8:10-8:30	BYNS (14)	BYNS (8) YY (6)	YY (13)	KAY (13)	UBY (8) NDCY (2)	LFY (12)
8:30-8:50	PFY (14)	CYAA (11)	PTFY (11)	WSY (11)	HAZY (9) TRVY (4)	BAY (8) GSY (6)
8:50-9:10	CC (8) SKY (6)	EASTY (8) THY (6)	SUNY (7) NPY (3)	BYST (8)	NAZY (4) GPY (2) LEBY (3)	WAY (4) WBY (2) WCAY (3)

Preps Session – Saturday Afternoon

Session 2	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane6
1:15-1:35	PTFY (15)	LFY (14)	LYM (14)	BCY (13) ROCK (1)	BYNS (13) WBY (1)	KAY (13) WFY (1)
1:35-1:55	PFY-B (8) BYST (7)	PFY-G (9) GSY (6)	HATY (8) HAY (5)	UBY (10) TRVY (5)	EASTY (11) LEBY (1) WCAY (2)	PAY (12) JY (3)
1:55-2:15	RY-G (10) HAZY (5)	RY-B (8) NDCY (5)	THY (7) LCY (8)	YY-G (11) NAZY (3)	YY-B (6) SUNY-B (8)	SUNY-G (9) WAY (5)
2:15-2:35	RAYS-G (8) CC (7)	RAYS-B (12)	WSY-B (5) CYAA (5) SKY (4)	WSY-G (12) BAY-B (3)	UMLY-B (8) BAY-G (6)	UMLY-G (10) AMB (4)

Junior Session – Sunday Morning

Session 3	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane6
7:30-7:50	UMLY-G (15)	UMLY-B (15)	UMLY-B (4) KAY (10)	BYNS (14)	RAYS-G (12) WCAY (2)	RAYS-B (11) AMB (4)
7:50-8:10	HATY-G (7) PAY (8)	HATY-B (4) PTFY-B (10)	EASTY-G (9) PTFY-G (6)	EASTY-B (4) RY-G (10)	LFY-B (12) RY-B (3)	LFY-G (4) BCY (10)
8:10-8:30	LYM (12) THY (3)	LCY (10) NAZY (5)	BYST (9) JY (6)	PFY (10) UBY (5)	CC (11) CYAA (4)	WAY (12) HAY (3)
8:30-8:50	SUNY (9) BAY (6)	YY (7) GSY (6) LEBY (1)	HAZY (10) WBY (5)	WSY (15)	WSY (15)	NDCY (5) WFY (2) TRVY (1)

Senior Session – Sunday Afternoon

Session 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane6
1:15-1:35	WSY (12)	WSY (12)	WSY (5) EASTY (7)	LYM (13)	THY (12)	THY (11)
1:35-1:55	BYNS-G (11)	BYNS-B (11)	LFY (14)	PFY (14)	BCY (10)	BAY (6) PAY (5)
1:55-2:15	RY-G (9) NDCY (2)	RY-B (8) HAZY (4)	RAYS-B (12)	RAYS-G (8) BYST (4)	CC (7) GSY (4)	CYAA (2) LCY (7) JY (1)
2:15-2:35	LEBY (13)	KAY (11) ROCK (1)	NAZY (10) WBY (1)	SUNY-G (12)	SUNY-B (10)	HATY (5) TRVY (2) WCAY (1) YY (1)
2:35-2:55	PTFY-G (12)	PTFY-B (12)	PTFY-B (3) UMLY (12)	UMLY (12)	UMLY (12)	UMLY (12)

Note: No diving during warm-up except for the last 5 minutes of each warmup time slot